



ANDREA M. HALL

Speaker ~ Author ~ Equine Gestalt Coach

Andrea is a Speaker, Author and Certified Equine Gestalt Coach. As an inspiring speaker Andrea shares her experience as a lawyer once stressed and struggling with her mental and emotional health. After ten years of a successful practice, Andrea was diagnosed with a brain tumor and had to make a life changing decision.

Now Andrea, shares her experience of why her discoveries can help lawyers, executives, couples and more, experience a new sense of purpose, enjoyment and happiness in their career and in life.

Most Requested Speaking Topics

- The Power of Horses & Healing
- Living a Joyful Life

In the past healing of complex trauma was conducted while sitting in an office while talking with a professional about the events that happened and learning how to change the thought process in relationship to the event. We have scientific data which now supports having a equine gestalt coaching session changes the neuroplasticity in the brain which changes a person versus just gaining awareness like in traditional therapy.

Mental and Emotional IQ

Sometimes we don't know what needs to change we just know something is just not right. Your gut might be telling you something just isn't right and you choose to ignore it. Then you get hit upside the head. Access an open heart during conflict. How to experience harmony, balance and ease while healing past trauma. Moving beyond the limiting stories for a life of your dreams.

To Book Andrea for an Event:



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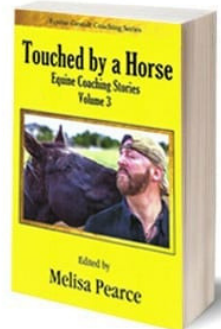
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Living
Your Joy



Creating a Joy-Filled Life

by
Joyce Graham



*The whisper of the horse
echoes the spirit of the soul®*